

IRISH STEP DANCE SYLLABUS RESTRUCTURE

SEPTEMBER 2011

The new stage 3 will be published when Syllabus is introduced in September 2012

There will be a transition period for candidates who have sat the old Irish stage 1 until 2015 to sit the Old Irish Stage 2.

MAIN CHANGE

There are now 3 stages

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| Stage 1 | Irish Jig Single Time <ul style="list-style-type: none">• Foundation movements - 24 exercises• Dance |
| Stage 2 | Irish Jig Single Time with use of Shillelagh <ul style="list-style-type: none">• Foundation Movements and Associated Arm Actions - 10 Exercises• Dance Irish Hornpipe <ul style="list-style-type: none">• Foundation Movements - 18 Exercises• Dance |
| Stage 3 | Irish Jig Double or Broken Time <ul style="list-style-type: none">• Foundation Movements - Exercises• Dance Irish Reel <ul style="list-style-type: none">• 7 Parts |

RENUMBERING

Each Foundation movement and Dance will be numbered and correspond to the track number on the CD.

EXERCISE TITLES

These will read across the page and in the order that the Foundation movements are performed in the exercise

THEORY

Theory for each exercise will immediately follow the exercise and will also be listed alphabetically at the end of the stage

MUSICAL APPRECIATION

This is listed before the Foundation movements as well as in the Theory at the back of the syllabus

HISTORY, INTERPRETATION AND EXECUTION

These sections have been extended in the Introduction to document some historical data we have found

IMPORTANT CHANGES TO STAGE ONE

- Exercise 17 Pas de Basque - Stamp Open and Closed - the Pas de Basque is no longer in 2nd Intermediate Ball - it is now 2nd Ball.
- Step 2 in Dance Section - Step is now called Triple instead of Tripling

IMPORTANT CHANGES TO STAGE TWO

- All Shillelagh Arm actions and foundation movements specific to the Irish Jig Single Time with use of Shillelagh are in the first section - 10 exercises in all
- Dance Section - step 4 - "Donnybrook" there is the option of turning to the Right or Left for the Double Grind when Shaking Shillelagh & Fist

IRISH HORNPIPE

- Exercise 14 - Polka - Brush Polka - Slip: Both exercises from previous stages are listed and it is the examiners choice of which one is demonstrated
- Exercise 15 - Heel & Ball Pivot: As above
- Exercise 28 - Cross Slipping: Cross Slipping is now in the Irish Hornpipe section and is not in the Irish Jig Double Time. This is a new exercise
- Exercise 29 - Ball Heel: This movement has been use, but not previously listed as a Foundation movement. This is now a new Foundation movement and has a new exercise and theory
- Dance - Candidates are now asked to name in order Foundation movements that are used in any step chosen by Examiner
Step 2 - Candidates have a choice of the two second steps taken from the previous Stage 1 & 2